

Domain-specific Quantification of Prion Protein in Cerebrospinal Fluid by Targeted Mass Spectrometry

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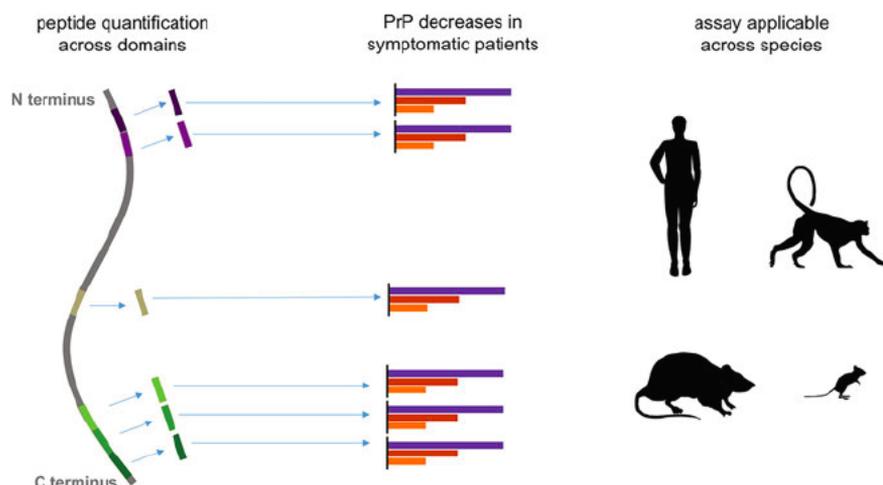
In Brief

PrP in cerebrospinal fluid is measured by targeted mass spectrometry using peptides across protein domains in humans and preclinical species of interest. Peptides are uniformly reduced in patients with prion disease, suggesting that dose-finding studies of PrP-lowering drugs may be most informative in presymptomatic individuals.

Highlights

- Targeted mass spectrometry assay to quantify prion protein (PrP) in spinal fluid.
- Precise measurement of PrP peptide concentration across protein domains.
- Peptides are uniformly decreased in symptomatic prion disease patients.
- Assay applicable to humans and preclinical species for drug development.

Graphical Abstract





Domain-specific Quantification of Prion Protein in Cerebrospinal Fluid by Targeted Mass Spectrometry*

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Therapies currently in preclinical development for prion disease seek to lower prion protein (PrP) expression in the brain. Trials of such therapies are likely to rely on quantification of PrP in cerebrospinal fluid (CSF) as a pharmacodynamic biomarker and possibly as a trial end point. Studies using PrP ELISA kits have shown that CSF PrP is lowered in the symptomatic phase of disease, a potential confounder for reading out the effect of PrP-lowering drugs in symptomatic patients. Because misfolding or proteolytic cleavage could potentially render PrP invisible to ELISA even if its concentration were constant or increasing in disease, we sought to establish an orthogonal method for CSF PrP quantification. We developed a multi-species targeted mass spectrometry method based on multiple reaction monitoring (MRM) of nine PrP tryptic peptides quantified relative to an isotopically labeled recombinant protein standard for human samples, or isotopically labeled synthetic peptides for nonhuman species. Analytical validation experiments showed process replicate coefficients of variation below 15%, good dilution linearity and recovery, and suitable performance for both CSF and brain homogenate and across humans as well as preclinical species of interest. In $n = 55$ CSF samples from individuals referred to prion surveillance centers with rapidly progressive dementia, all six human PrP peptides, spanning the N- and C-terminal domains of PrP, were uniformly reduced in prion disease cases compared with individuals with nonprion diagnoses. Thus, lowered CSF PrP concentration in prion disease is a genuine result of

the disease process and not an artifact of ELISA-based measurement. As a result, dose-finding studies for PrP lowering drugs may need to be conducted in presymptomatic at-risk individuals rather than in symptomatic patients. We provide a targeted mass spectrometry-based method suitable for preclinical quantification of CSF PrP as a tool for drug development. *Molecular & Cellular Proteomics* 18: 2–14, 2019. DOI: 10.1074/mcp.RA119.001702.

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Prion disease is a fatal and incurable neurodegenerative disease caused by misfolding of the prion protein (PrP)¹, and may be sporadic, genetic, or acquired (1). Therapies currently in preclinical development for prion disease seek to lower PrP levels in the brain, a genetically well-validated strategy (2). Clinical trials of PrP-lowering agents will rely on quantification of PrP in cerebrospinal fluid (CSF) as, at a minimum, a pharmacodynamic biomarker (3). This marker may, however, have even greater importance. Predictive testing of presymptomatic individuals harboring highly penetrant genetic mutations (4) that cause prion disease provides an opportunity for early therapeutic intervention to preserve healthy life, but randomization to a clinical end point in this population appears infeasible (5). The U.S. Food and Drug Administration has indicated its willingness to consider lowered CSF PrP in this population as a potential surrogate end point for Accelerated Approval (6,

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7). Precise quantification of PrP in CSF will be essential to the development of prion disease therapeutics.

PrP is an extracellular GPI-anchored protein that can be shed from the plasma membrane by ADAM10 and other peptidases (8, 9). CSF PrP is predominantly soluble and full-length (10), suggesting that it originates chiefly from this proteolytic shedding near the C terminus, although lower molecular weight fragments of PrP have also been identified in CSF (11), which may originate from other endoproteolytic events (8, 12), and anchored PrP is also released from cells on exosomes (13). PrP is sufficiently abundant in CSF, at concentrations of tens or hundreds of nanograms per milliliter, to be readily quantified with enzyme-linked immunosorbent assay (ELISA). Studies using ELISA have reproducibly found that CSF PrP is decreased in the symptomatic phase of prion disease (3, 14–17). Therefore, even though CSF PrP is brain-derived and exhibits good within-subject test-retest reliability in individuals without prion disease (3), it might be difficult to use this biomarker to read out the effect of a PrP-lowering drug in symptomatic individuals, because it is unclear whether to expect that such a drug should cause a further decrease in CSF PrP as a direct pharmacodynamic effect, or an increase in CSF PrP because of alleviation of the disease process. This confounder could potentially limit the use of ELISA-based CSF PrP quantification as a pharmacodynamic biomarker to presymptomatic individuals only.

Prion disease is caused by a gain of function (1), and animal studies have shown that total PrP in the brain increases over the course of prion disease as misfolded PrP accumulates (18–20). The paradoxical decrease in PrP in CSF during prion disease might be because of its incorporation into plaques (21), diversion into intracellular locations (22, 23), or down-regulation as a function of the disease process (24). However, although the ELISA assay has been described as measuring “total PrP,” the assay’s reactivity for different conformations or proteolytic fragments of PrP has not been evaluated, leaving doubt as to what the disease-dependent reduction in CSF PrP means. Occlusion of epitopes because of misfolding (25) or up-regulation of proteolytic cleavage in disease (8, 24, 26) could render PrP invisible to ELISA even if its concentration were constant or increasing. We therefore sought to establish an orthogonal method for CSF PrP quantification. In addition, because the commercially available ELISA kit is specific to human PrP (3), we required a multi-species assay applicable to the preclinical phases of drug development.

Here, we describe quantification of CSF PrP relative to an isotopically labeled recombinant protein standard using multiple reaction monitoring mass spectrometry (MRM-MS) (27). We analyze $n = 55$ clinical samples from prion and nonprion disease patients, and find that six out of six PrP tryptic peptides, spanning N- and C-terminal domains of the protein, are

uniformly decreased in prion disease. Thus, PrP concentration is genuinely lowered in prion disease CSF, meaning that dose-finding studies for PrP-lowering drugs may need to be conducted in presymptomatic individuals. To provide similar capability to measure drug-dependent changes in PrP concentration in tissues from preclinical species of interest, we also developed assays for mouse, rat, and cynomolgus macaque based on quantification relative to isotopically labeled synthetic peptide standards. Our findings supply an alternative method for validating the findings of ELISA-based studies of CSF PrP, and provide a potential assay for use as a pharmacodynamic biomarker in preclinical drug development and in human trials.

EXPERIMENTAL PROCEDURES

Experimental Design and Statistical Rationale—We designed this study to compare the levels of PrP tryptic peptides in CSF samples from individuals referred for diagnostic testing for prion disease, later determined to have prion disease (cases, $n = 34$) or not (controls, $n = 21$), details provided in next section. We selected this set of CSF samples because we had previously analyzed them by ELISA and found that the difference in “total PrP” level between cases and controls was highly significant ($p = 0.0001$), suggesting our analysis should be well-powered to replicate or refute the ELISA findings. Operators were blinded to case/control status and samples were randomly assigned to different analysis days using an R script. Each sample was analyzed in duplicate and the mean value for each peptide from two replicates was used. Data were analyzed primarily by visual inspection and the use of confidence intervals. Because our study was limited to examining previously reported hypotheses, and not exploring new ones, p values are nominal where reported.

Cerebrospinal Fluid and Brain Samples—This study was approved by the Broad Institute’s Office of Research Subjects Protection (ORSP-3587). Written consent for research use of samples was obtained from patients or next of kin as appropriate.

All CSF samples in this study have been previously reported (3). CSF samples for assay development were large volume normal pressure hydrocephalus samples provided by MIND Tissue Bank at Massachusetts General Hospital. Clinical CSF samples ($n = 55$) were postmortem lumbar punctures from rapidly progressive dementia patients referred to prion surveillance centers in Italy (Bologna) or Germany (Göttingen) with suspected prion disease and who were later either determined by autopsy or probable diagnostic criteria (28) including real-time quaking-induced conversion (RT-QuIC (29)) as prion disease, or confirmed as nonprion cases on the basis of autopsy, patient recovery, or definitive other diagnostic test. Individuals with nonprion diagnoses ($n = 21$) included autoimmune disease ($n = 8$), nonprion neurodegenerative disease ($n = 6$), psychiatric illness ($n = 3$), stroke ($n = 1$), brain cancer ($n = 1$), and other ($n = 2$). Sporadic prion disease cases ($n = 23$) included probable cases ($n = 10$) and autopsy-confirmed definite cases ($n = 13$, of subtypes: 6 MM1, 3 VV2 and 4 other/unknown). Genetic prion disease cases ($n = 11$) included D178N ($n = 2$), E200K ($n = 7$), and V210I ($n = 2$). After receipt in our lab, samples were thawed, spiked with 0.03% CHAPS detergent (final concentration) and stored in 30 μ l aliquots for mass spectrometry analysis. Sample handling histories before receipt in our lab are not well-documented and are likely variable because of the large number of referring physicians sending these samples to surveillance centers, but systematic differences between diagnostic groups are unlikely because all samples were similarly referred for diagnostic testing on suspicion of prion disease.

¹ The abbreviations used are: PrP, prion protein; AAA, amino acid analysis; CSF, cerebrospinal fluid; MRM, multiple reaction monitoring.

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Samples were de-identified and broken into five batches (to be run on different days) randomly using an R script. Assay operators were blinded to diagnosis. The methods and values obtained for PrP ELISA, hemoglobin, and total protein measurements on these CSF samples were previously reported (3).

Rat and cynomolgus monkey CSF were purchased from BioIVT. Human brain tissue was from a nonprion disease control individual provided by the National Prion Disease Pathology Surveillance Center (Cleveland, OH). Mouse brain tissue from Edinburgh PrP knockout mice (30) backcrossed to a C57BL/10 background (31), and matching tissue from wild-type C57BL/10 mice, were provided by Gregory J. Raymond (NIAID Rocky Mountain Labs, Hamilton, MT).

Recombinant Prion Protein Preparation and Isotopic Labeling—Untagged recombinant HuPrP23–230 (MW = 22,878) and MoPrP23–231 (MW = 23,151), corresponding to full-length post-translationally modified human and mouse PrP without the signal peptide or GPI signal but retaining an N-terminal methionine, were purified by denaturation and Ni-NTA affinity from *E. coli* inclusion bodies as previously described (32, 33), using a vector generously provided by Byron Caughey (NIAID Rocky Mountain Labs, Hamilton, MT). ¹⁵N incorporation was achieved by growing the *E. coli* in ¹⁵N cell growth medium (Cambridge Isotope Laboratories CGM-1000-N) induced with ¹⁵N auto-induction medium (Millipore 71759–3). Purified protein was formulated in 0.03% CHAPS and aliquoted in single-use tubes to avoid repetitive freeze/thaw cycles. Protein concentration was determined by amino acid analysis (AAA, New England Peptide). Percent ¹⁵N isotopic incorporation was estimated using LC-MS/MS. ¹⁵N labeled human recombinant prion protein (10 μg) was digested and desalted following the procedure as described in *PrP MRM assay* and analyzed as described in *Pilot LC-MS/MS analysis*. Precursor masses for ¹⁵N were extracted from the chromatograms using XCalibur software Qualbrowser software (Thermo) 3.0.63 with a 6 *m/z* window of centered on the precursors and charge states listed in supplemental Table S1. Isotopic envelopes between protein expressed in ¹⁵N containing media and standard media were compared visually. Summation of all observed *m/z* peak areas less than the ¹²C monoisotopic mass peak were compared with summation of all expected isotope peak to estimate the overall completeness of ¹⁵N incorporation (supplemental Fig. S1).

LC-MS/MS Analyses of CSF and Recombinant PrP—Samples of dried digested recombinant proteins or human cerebrospinal fluid (processed as described in *PrP MRM assay*) were reconstituted in 3% acetonitrile/5% acetic acid to a final concentration of ~1 μg total protein per 1 μl and analyzed in a single injection using a standard 2 h reversed-phase gradient. LC-MS/MS was performed using a QExactive mass spectrometer (Thermo) equipped with a Proxeon Easy-nLC 1200 and a custom built nanospray source (James A. Hill Instrument Services). Samples were injected (1 to 2 μg) onto a 75 μm ID PicoFrit column (New Objective) packed to 20 cm with Reprosil-Pur C18 AQ 1.9 μm media (Dr. Maisch) and heated to 50 °C. MS source conditions were set as follows: spray voltage 2000, capillary temperature 250, S-lens RF level 50. A single Orbitrap MS scan from 300 to 1800 *m/z* at a resolution of 70,000 with AGC set at 3e6 was followed by up to 12 MS/MS scans at a resolution of 17,500 with AGC set at 5e4. MS/MS spectra were collected with normalized collision energy of 25 and isolation width of 2.5 amu. Dynamic exclusion was set to 20 s and peptide match was set to preferred. Mobile phases consisted of 3% acetonitrile/0.1% formic acid as solvent A, 90% acetonitrile/0.1% formic acid as solvent B. Flow rate was set to 200 nL/min throughout the gradient, 2–6% B in 1 min, 6–30% B in 84 min, 30–60% B in 9 min, 60–90% B in 1 min with a hold at 90% B for 5 min. MS data were analyzed using Spectrum Mill MS Proteomics Workbench software Rev B.06.01.202 (Agilent Technologies). Similar MS/MS spectra acquired on the same precursor *m/z* within ± 60 s were merged. MS/MS

spectra were excluded from searching if they failed the quality filter by not having a sequence tag length > 0 (*i.e.* minimum of two masses separated by the in-chain mass of an amino acid) or did not have a precursor MH+ in the range of 600–6000. All extracted spectra were searched against a UniProt database containing human and mouse reference proteome sequences (UniProt.human.mouse.20141017.RNFISnr.150contams, *n* = 100,236 entries) downloaded from the UniProt web site on October 17, 2014 with redundant sequences removed. A set of common laboratory contaminant proteins (150 sequences) were appended to this database and verified to contain the sequences for human and mouse major prion protein. The database was searched with the following parameters. ESI-QEXACTIVE-HCD-v2 scoring, parent and fragment mass tolerance of 20 ppm, 40% minimum matched peak intensity and ‘trypsin’ enzyme specificity up to 2 missed cleavages. Fixed modification was carbamidomethylation at cysteine and variable modifications were oxidized methionine, deamidation of asparagine and pyro-glutamic acid. Database matches were autovalidated at the peptide and protein level in a two-step process with optimized scores & R1-R2 score thresholds with maximum false discovery rate (FDR) of 1.2% across each LC run by target-decoy-based searches using reversed sequences. The list of identified proteins was further filtered to contain proteins and protein isoforms with at least 2 unique peptides and an aggregate protein score greater than 20. Protein-peptide comparison report comprised of all validated peptides was exported which included a ranked summary by intensity of all peptides unique to prion protein. Hits were ranked by total summed MS1 intensity of all identified peptides for each protein (totalIntensitySpecies column). Summary data are available as a supplementary Excel file or in the online GitHub repository for this study (see Data Availability).

Selection of PrP Peptides for MRM Assay Development—Nine peptides covering 4 species were selected from computational and empirical data (supplemental Table S2 and supplemental Figs. S2–S4). PrP amino acid sequences (supplemental Fig. S4) were obtained from UniProt (34) and aligned using Clustal O 1.2.4 (35). Peptides were prioritized based our criteria previously described (36, 37) as outlined and described in detail in supplemental Fig. S2. Peptides were checked for uniqueness to human PrP using the Peptide String Match utility in Spectrum Mill (<http://proteomics.broadinstitute.org>). Peptides were selected based on PrP biology and desired assay applications described in Results (Fig. 1). One peptide, PIIHFGS-DYEDR, was included after being detected in CSF despite an N-terminal proline.

All nine peptides were synthesized (New England Peptide) using stable isotope labeled [¹⁵N₄¹³C₆]Arg or [¹⁵N₂¹³C₆]Lys at the C terminus and purified peptide specifications previously outlined (>95% chemical purity, >99% isotopic purity, quantified by AAA) to qualify as standards for Tier 1 or 2 assays (27). Mixtures of all 9 heavy peptides were formulated in 30% acetonitrile/0.1% formic acid and aliquotted into single-use tubes to avoid freeze thaw throughout the study. Before each set of samples, 50 fmol was injected and analyzed using the same LC-MRM-MS method used for samples to confirm LC column and MS performance.

System Suitability Standards—An equimolar predigested “Bovine 6 Protein Mix” (PTD/00001/63) was purchased from Bruker-Michrom, Inc. Pierce™ Peptide Retention Time Calibration Mixture (88320) was purchased from Thermo. Both dried peptide standard mixtures were resuspended in 3% acetonitrile/5% acetic acid and 50 fmol were injected and analyzed by LC-MRM-MS at the beginning, the middle and at the end of each set of samples and visually inspected in a Skyline document to confirm LC column and MS performance. Transitions for Bovine protein mix and PRTC are provided in supplemental Tables S1B and S1C respectively.

PrP MRM Assay—In devising a CSF sample preparation protocol, we drew upon our experience with MRM analysis of plasma (38) and

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published mass spectrometry protocols for prion studies (39, 40). Except where otherwise specified, all samples contained 0.03% CHAPS, a zwitterionic detergent, because this reduces preanalytical loss of PrP because of plastic adsorption (3). The elution conditions of the desalting step (see below) were designed to reduce the amount of CHAPS in the sample before LC-MS. Unlike many other detergents, CHAPS impact on chromatography and peptide ionization is minimized because it elutes off C18 later in the reversed-phase gradient (>60% acetonitrile).

¹⁵N Protein Standard Addition For Human Samples—For human CSF clinical samples, endogenous PrP was quantified relative to uniformly labeled ¹⁵N-labeled recombinant HuPrP23–230 (starting concentration 2.42 mg/ml determined by AAA) with an estimated isotopic incorporation >97.5% (see Recombinant Protein Preparation) diluted 1:5000 in phosphate-buffered saline containing 1 mg/ml bovine serum albumin and 0.03% CHAPS. This solution was then further diluted 1:20 (1.5 μl added into 30 μl) into CSF samples (final concentration 24.2 ng/ml) before the denaturation and digestion workflow described below. ELISA analysis indicated that this concentration of carrier protein and detergent was enough to keep recombinant PrP in solution and avoid loss to plastic, without appreciably affecting CSF total protein content.

Sample Digestion—All concentrations listed below are final concentrations. For each replicate, 30 μl of CSF with 0.03% CHAPS was incubated with 6 M urea (Sigma U0631) and 20 mM TCEP (Pierce 77720) at 37 °C while shaking at 800 rpm in an Eppendorf Thermomixer for 30 min to denature the protein and reduce disulfide bonds. 39 mM iodoacetamide was added for 30 min in the dark at room temperature to alkylate cysteine residues. Urea was diluted to 900 mM by the addition of 0.2 Trizma pH 8.1 (Sigma T8568) to permit trypsin activity. One microgram of trypsin (Promega V5113) was added (final concentration of ~1.4 ng/μl), providing at least a 1:50 trypsin:substrate ratio for CSF samples with total protein content <1.6 mg/ml, which includes 97% of CSF samples we have analyzed (3). Trypsin digestion proceeded overnight shaking at 800 rpm at 37 °C. Digestion was stopped with 5% formic acid and samples were transferred to 4 °C until desalt. To permit quantification of PrP in preclinical species samples, a mix containing 100 fmol of each ¹⁵N/¹³C-labeled synthetic heavy peptide was then added to the CSF digests (3.33 nm peptide, equivalent to ~76 ng/ml full-length PrP based on an approximate molecular weight of 22.8 kDa). Digestion was quenched by 5% formic acid and samples were kept at 4 °C until desalt.

Synthetic Peptide Addition For Multi-species Assay—To permit quantification of PrP in preclinical species samples, a mix containing 100 fmol of each ¹⁵N/¹³C-labeled synthetic heavy peptide (3.33 nm peptide, equivalent to ~76 ng/ml full-length PrP based on an approximate molecular weight of 22.8 kDa) was added after digest and before sample desalt. Other aspects of the procedure described above and below were unchanged.

Sample Desalt—To desalt the samples, StageTips (41) comprised of two punches of C18 material (Empore 66883-U) fitted into a 200 μl pipette tip using a 16 gauge needle with 90° blunt ends (Cadence Science 7938) and a PEEK tubing puncher (Idex 1567) were placed onto microcentrifuge tubes using an adapter (Glycen CEN.24). Tubes were centrifuged at 2500 × g for 3 min after each step, as follows: conditioning with 50 μl 90% acetonitrile/0.1% trifluoroacetic acid; equilibration with 50 μl 0.1% trifluoroacetic acid and priming with 10 μl 0.1% trifluoroacetic acid (no spin after priming); addition of CSF digest in increments of 150 μl; two washes with 50 μl of 0.1% trifluoroacetic acid; and two elutions into a new microcentrifuge tube with 50 μl of 40% acetonitrile/0.1% trifluoroacetic acid. Eluates were frozen at –80 °C.

LC-MRM-MS Analysis—Frozen samples were dried under vacuum centrifugation and resuspended in 12 μl 3% acetonitrile/5% acetic

acid and placed into a vortexer for 5 min at room temperature. Samples were then centrifuged at 12,000 × g for 5 min and 10 μl of the supernatant was transferred to an HPLC vial (Waters 186000273). HPLC vials were centrifuged briefly (30–60 s) at 1200 × g to remove air bubbles and transferred into the nanoLC autosampler compartment set to 7 °C. Samples were analyzed on a TSQ Quantiva triple quadrupole mass spectrometer installed with a Nanospray Flex source and Easy-nLC 1000 system (Thermo). Ion source was set to positive ion mode with capillary temperature of 300 °C, spray voltage of 2000 and sweep gas set to 0. The Easy-nLC 1000 system was primed with mobile phase A (3% acetonitrile/0.1% formic acid), mobile phase B (90% acetonitrile/0.1% formic acid). Samples were injected (2 μl, 20% of digested sample) onto a 0.075 mm ID PicoFrit (New Objective) column pulled to a 10 μm emitter and custom-packed to 20 cm with 1.9 μm 200Å C18-AQ Reprosil beads (Dr. Maisch). The LC gradient was 0% B to 30% B for 55 min, 30% B to 60% B in 5 min, 60% B to 90% B in 1 min using a flow rate of 200 nL/min. Collision energies were optimized over 4 steps, 2.5 V per step in batches of less than 500 transitions per batch. Three to four transitions were monitored per peptide using the MRM transitions listed in [supplemental Table S1](#) using a 1.5 s cycle time. In addition, even though the corresponding heavy peptides were not synthesized, we monitored for the transitions that corresponded to the oxidized methionine version of the peptide VVEQMCITQYER.

Data Analysis—Extracted ion chromatograms (XIC) of all transition ions were verified and integrated using a Skyline document as described (42) (Skyline version 4.1.0.11796, <https://brendanxuw1.gs.washington.edu/labkey/project/home/software/Skyline/begin.view>) that contained the sequences and spectral libraries derived from LC-MS/MS of the ¹⁵N/¹³C-labeled synthetic heavy peptides. After peak integration, the Skyline report file was exported as a text delimited file where the peak areas in the columns labeled as “Light,” “Heavy,” or “¹⁵N” for the single most intense, interference-free, reproducibly measured transition ([supplemental Table S1](#)) were used for quantification and subsequent statistical analysis. Interferences were identified by manual inspection of XICs between light and heavy peptides. Light or heavy transitions with different relative intensity ratios compared with standards or had asymmetric peaks were excluded from further analysis. Columns included for export were: Protein Name, Protein Gene, Protein Species, Peptide Sequence, Peptide Modified Sequence, File Name, Acquired Time, Replicate Name, SampleGroup, Peptide Retention Time, Precursor *m/z*, Fragment Ion, Area, Area Ratio, Total Area, Total Area Ratio.

To determine the response of each peptide in terms of L:¹⁵N ratio as well as evaluate dilution linearity of the assay, we spiked 0, 2.4, 24, or 240 ng/ml of ¹⁵N-labeled recombinant human PrP into a single control CSF sample (from an individual with normal pressure hydrocephalus) in triplicate. For each peptide, we then fitted a linear model correlating the (nonzero) spiked concentrations to the observed ¹⁵N:light ratios with the intercept fixed at zero, yielding slopes ranging from 39 to 448 ng/ml. Each peptide was then assigned a response factor equal to the highest slope observed for any peptide (448 ng/ml) divided by its own slope. This response factor was multiplied by the L:¹⁵N ratio for each peptide in each sample to obtain a normalized estimate of protein concentration.

In *n* = 12 individual replicates (out of 110) of the clinical samples, the oxidized methionine (met-ox) version of the VVEQMCITQYER peptide was more abundant than the reduced version, despite the inclusion of a reduction step in sample preparation. The VVEQMCITQYER peptide was omitted from analysis for these replicates.

RESULTS

Design of the PrP MRM Assay—PrP ranked number 8 in intensity out of 322 confidently detected proteins in single-

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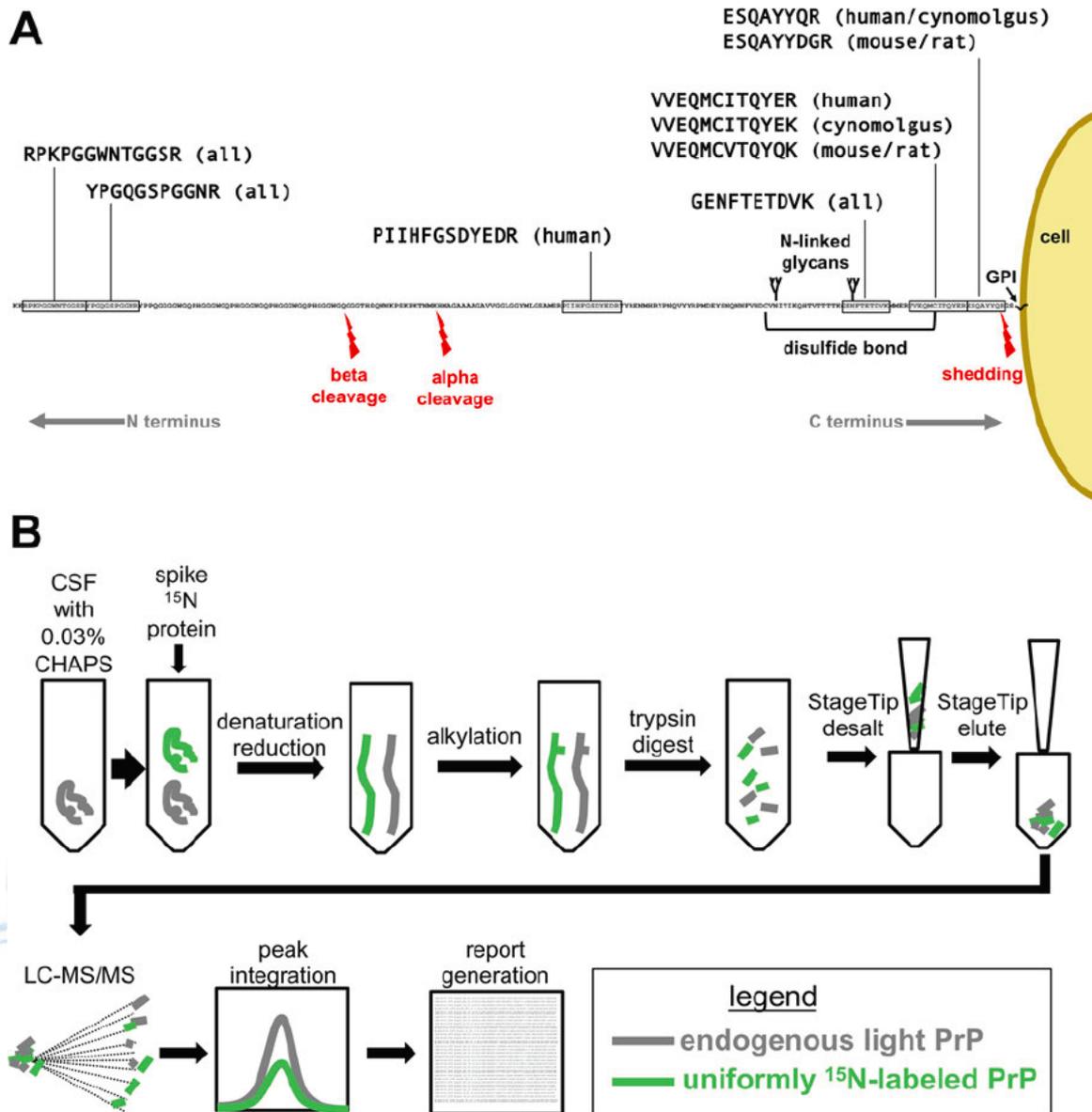


FIG. 1. Design of the PrP MRM assay. *A*, Selection of PrP tryptic peptides for MRM. The full sequence of human PrP (residues 23–230) after post-translational modifications (removal of signal peptide residues 1–22 and GPI signal residues 231–253) is shown, GPI-anchored to the outer leaflet of the plasma membrane, with the position of selected peptides and their rodent or monkey orthologs shown relative to the positions of N-linked glycans, a disulfide bond, and endogenous proteolytic events (8). *B*, PrP MRM workflow as described in Methods.

shot, LC-MS/MS analysis of human CSF digested with trypsin (see Methods). This indicated that PrP was a good candidate for direct analysis by LC-MRM-MS in CSF without additional fractionation (43) or enrichment methods (44). PrP peptides with the highest MS intensities after digestion of recombinant human or mouse PrP as well as human CSF were preferentially ranked according to criteria described in Methods and [supplemental Fig. S2](#). We selected six human peptides, as well as three orthologous peptides specific to mouse, rat, and/or cynomolgus macaque PrP, to support assay application to preclinical drug development (Fig. 1A, [supplemental Fig. S4](#), and [supplemental Table S2](#)). Peptides were chosen to

span the N- and C-terminal domains of PrP, up- and downstream of alpha and beta cleavage sites, allowing us to quantify proteolytic fragments of cleaved PrP (Fig. 1A and [supplemental Fig. S4](#)).

We further designed a workflow for the PrP MRM assay (Fig. 1B) incorporating an incubation in the presence of a strong chaotrope to denature both properly folded and misfolded forms of PrP. We then reduced and alkylated the protein mixture to break the disulfide bonds and prevent them from refolding, and thereby make the whole protein accessible to the enzymatic processing of r-trypsin. To permit quantification of endogenous unlabeled (hereafter “light”) PrP, we

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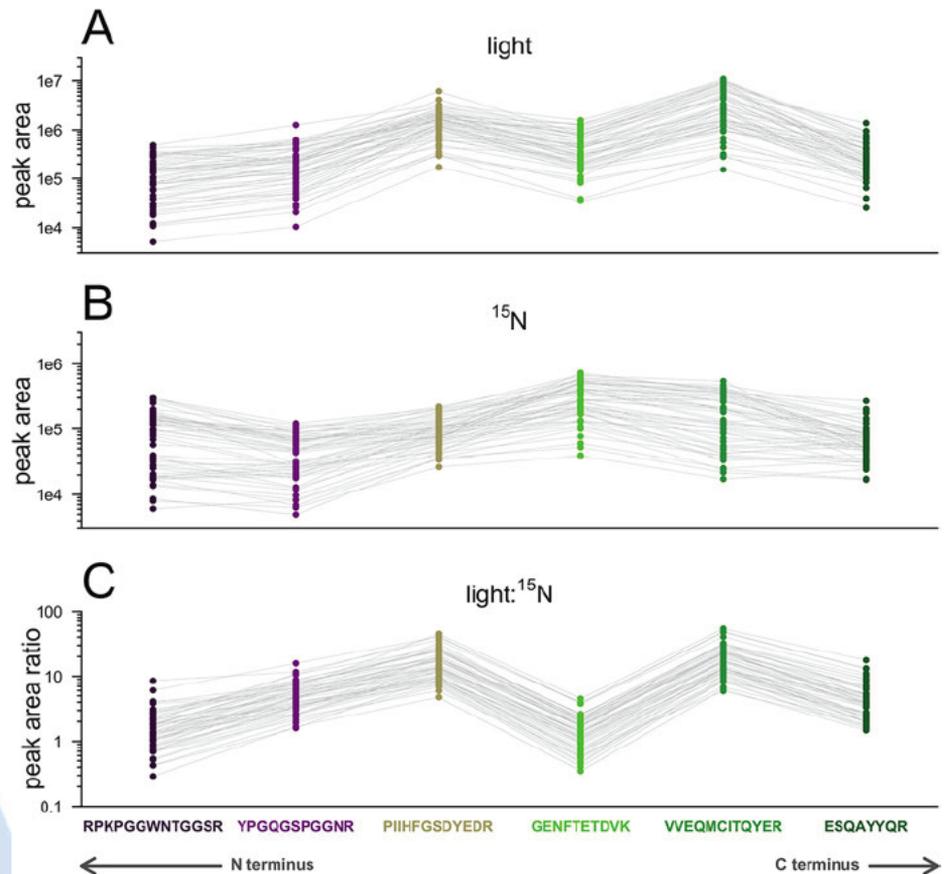


FIG. 2. Relative recovery of six human PrP peptides in CSF. For each of $n = 55$ clinical samples, panels show each peptide's *A*, light peak area, *B*, ^{15}N peak area, and *C*, light: ^{15}N ratio. Gray lines connect the dots representing distinct peptides from the same individual. Peak area ratios shown here are not normalized by peptide response factors, and so reflect differences in recovery between peptides.

added uniformly ^{15}N -labeled recombinant human PrP (hereafter " ^{15}N ") into clinical samples before analysis (Fig. 1B). Compared with synthetic heavy peptides, the use of an isotopically labeled full-length protein standard controls for analytical variability that can occur during enzymatic digestion and solid phase extraction (SPE) using StageTips (41), and can, in principle, provide a more accurate quantitative measure of the amount of each of the peptides derived from the target protein (38, 45).

Assessment of Human PrP Assay Performance—To support measurement of endogenous unlabeled PrP in $n = 55$ human CSF clinical samples (see next section), we performed quality control analysis using the ^{15}N protein added into each sample. Clinical samples were divided into 5 batches run on separate days; each sample was processed in duplicate on the same day, stored at -80°C , and later analyzed in duplicate, also on the same day. A common control sample was also measured in duplicate on each day.

The mean absolute MS response, either from ^{15}N recombinant or from endogenous light PrP, varied by over an order of magnitude between the six PrP peptides (Fig. 2A–2B). The recovery of the six peptides from endogenous PrP relative to one another was preserved across CSF patient samples (Fig. 2A), but differed from the recovery of the corresponding peptides derived from ^{15}N recombinant PrP (Fig. 2B), resulting in a ~ 10 -fold difference in mean light: ^{15}N ratio between different

peptides (Fig. 2C and supplemental Table S3), which was consistent across days (supplemental Fig. S5). Such differences in response are expected and may reflect differences in both digestion efficiencies under the urea/trypsin conditions used here (46) and electrospray ionization efficiencies (43, 47, 48) of these peptides.

Another factor driving the difference in response between peptides may be the post-translational modification (Fig. 1A) of endogenous PrP in CSF relative to the bacterially expressed recombinant ^{15}N version used as reference. For example, a significant proportion of brain PrP is N-terminally truncated (12), and PrP cleavage products have been observed in CSF as well (11). PrP is known to be variably glycosylated at residue N197, but our assay will only detect the nonglycosylated form of the GENFTETDVK peptide containing this site. This may account for the much lower response of this peptide in CSF versus the ^{15}N standard (Fig. 2). For the C-terminal peptide ESQAYYQR, our assay might not detect proteolytically shed PrP if the cut site for ADAM10, the predominant PrP sheddase (49), in human PrP is homologous to its reported cut site in rodent PrP (9, 50). For the most N-terminal peptide monitored, RPKPGGWNTGGSR, we detected a retained N-terminal methionine three residues upstream of this sequence in bacterially expressed PrP (supplemental Fig. S3), consistent with reported N-terminal methionine excision patterns in *E. coli* (51). This could alter this peptide's

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TABLE I

Performance reproducibility of six human peptides in human CSF samples. Mean intra-day CV (based on same-day process duplicates of $n = 55$ samples); mean inter-day CV (based on a single inter-day control CSF sample analyzed in duplicate on $n = 5$ separate days; and inter-individual CV among the 55 different samples

Codons	Peptide	Mean intra-day assay CV	Mean inter-day assay CV	Inter-individual CV
25–37	RPKPGGWNTGGSR	10%	16%	80%
38–48	YPGQGSPGGNR	12%	22%	52%
137–148	PIIHFGSDYEDR	10%	12%	56%
195–204	GENFTETDVK	9%	12%	58%
209–220	VVEQMCITQYER	9%	12%	54%
221–228	ESQAYYQR	10%	18%	70%

trypsin digest efficiency relative to brain and CSF PrP. Because we lacked access to purified full-length mammalian PrP to serve a reference standard, we cannot definitively dissect the reasons for the differences in recovery between peptides. Accordingly, we assigned each peptide a response factor based on the slope of the light:¹⁵N ratio observed in the ¹⁵N dose-response experiment (Methods, supplemental Fig. S6). Multiplying the raw light:¹⁵N ratios by these peptide-specific response factors brought each peptide's abundance into line with the highest-responding peptide, and yielded normalized estimates of CSF PrP concentration in CSF that averaged 421 ng/ml across samples and all peptides (supplemental Table S3, supplemental Fig. S6).

All six peptides exhibited strong technical performance on par with previously published MRM assays (38, 43, 44, 47). Mean same-day process replicate CVs were below 15% both overall (Table I) and within each quartile across the range of low- to high-PrP samples (supplemental Table S4). Inter-day process replicate CVs were below 25%. Although PrP MRM is currently a Tier 2 assay, this intra-day and inter-day reproducibility would be consistent with Tier 1 assay requirements as described for targeted MS-based peptide measurement fit-for-purpose and is also within the best practice guidelines for clinical MRM assays (27, 52, 53). We did not formally determine lower and upper limits of quantification, but we observed response linearity across a dilution series of high- and low-PrP human CSF samples (supplemental Fig. S5) and over two orders of magnitude with spiked ¹⁵N recombinant human PrP (supplemental Fig. S6) as surrogate analyte across the range of expected PrP concentrations in clinical samples.

These data suggest that PrP MRM is suitable for estimating the amount of PrP in CSF and measuring changes in abundance within and between patients. In further support of the applicability of this multiplex assay to answering biological questions in clinical samples, we found that for every peptide, the variability in amount of PrP between patient samples was much larger than the analytical variability, with inter-individual CVs of 52–80% contrasting with the observed tight process replicate agreement of ~10% CV (Table I). Given that analytical variability was much smaller than biological variability, all six peptides were deemed suitable for analysis in clinical samples, and, owing to their different positions within PrP's amino acid sequence (Fig. 1A), each peptide was deemed

able to inform independently upon the presence of its particular protein domain in CSF.

PrP Peptide Abundance Is Reduced in the CSF of Patients With Prion Disease—We used PrP MRM to quantify CSF PrP peptides in $n = 55$ clinical samples from individuals with rapidly progressive dementia referred to prion surveillance centers for testing and who ultimately either received non-prion disease diagnoses, or in whom sporadic or genetic prion disease was confirmed by autopsy (see Methods). All six human PrP peptides quantified by PrP MRM showed a marked decrease in abundance in prion disease patients compared with nonprion diagnoses, and all six peptides showed the same general pattern, with nonprion disease patients' CSF samples giving the highest mean peptide level, followed by sporadic prion disease, followed by genetic prion disease (Fig. 3A). The results from MRM mirrored the previously reported PrP ELISA results for these same 55 individuals (3) (Fig. 3B), but differed in the estimated absolute amounts of PrP by ~3-fold.

Relationship Between PrP MRM and ELISA—Across the clinical samples, each peptide's abundance was positively correlated to the full-length PrP concentration determined by ELISA (Fig. 4A). The coefficients of correlation, from 0.40 to 0.72, are within the ranges reported for other MRM assays compared with corresponding immunoassays (44, 47, 54). All peptides were strongly correlated to one another, with coefficients of correlation ranging from 0.67 to 0.96, and no obvious differences within *versus* between protein domains (N- and C-terminal; Fig. 4B). The linear relationships between peptides were preserved across the range of samples analyzed (supplemental Fig. S5). These results, together with the fact that the magnitude of decrease in abundance in prion disease cases was similar for all peptides (Fig. 4A), suggested that PrP MRM and ELISA may be measuring the same analyte — predominantly full-length PrP. We therefore asked whether PrP MRM could serve as an orthogonal method to validate findings recently reported for ELISA.

Because plastic adsorption is reported to cause substantial loss of PrP in preanalytical handling, and detergent is reported to largely mitigate this (3), we analyzed replicates of one CSF sample by MRM with and without 0.03% CHAPS detergent. As with ELISA, we found that the addition of CHAPS in-

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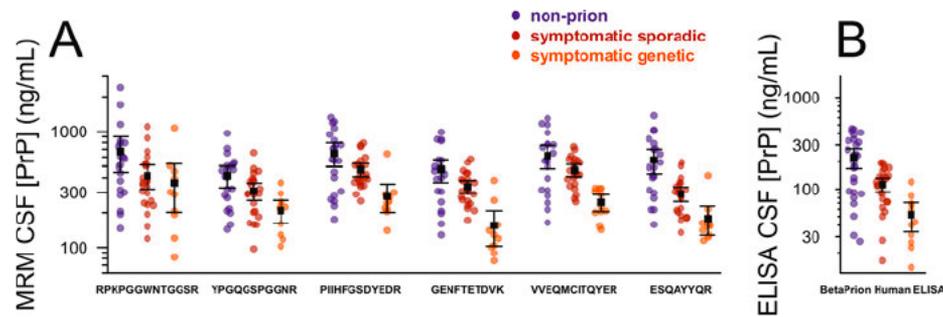


FIG. 3. Relative abundance of PrP as measured by six independent peptides is decreased in the CSF of prion disease patients. CSF PrP concentrations in $n = 55$ clinical CSF samples determined by A, PrP MRM for each of six peptides, normalized by peptide response factors to obtain PrP concentrations in ng/ml and arranged with the most N-terminal peptide at left and the most C-terminal peptide at right, compared with B, previously reported PrP ELISA results for the same samples, reproduced from Vallabh et al. (3). Black squares and bars show the mean and 95% confidence interval of the mean for each group.

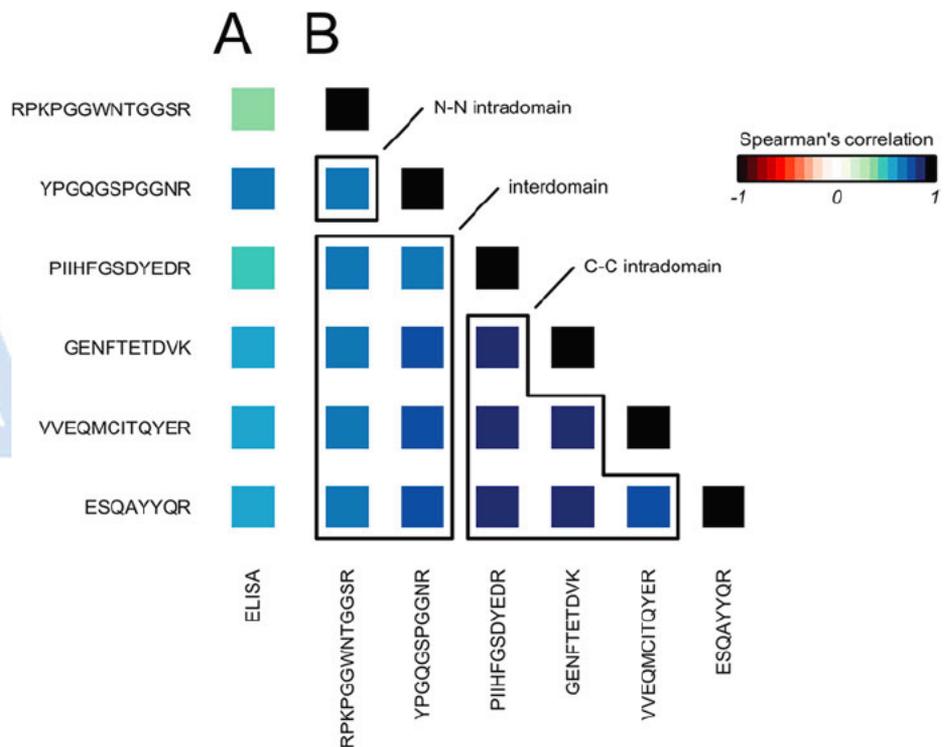


FIG. 4. Correlations among PrP MRM peptides and with ELISA. A, Spearman's correlation between each peptide measured in MRM versus total PrP by ELISA. B, Spearman's correlation between every combination of peptides measured in MRM. All $p < 0.01$.

creased PrP peptide recovery by an average of 51% ($p = 2.3e-8$, Type I ANOVA). (The clinical CSF samples and recombinant protein used in this study contained added 0.03% CHAPS, see Methods).

To compare PrP MRM and ELISA results while introducing covariates, we calculated a final estimated PrP concentration from MRM for each CSF sample by averaging the normalized PrP concentration across the six peptides. The estimated PrP concentrations obtained by MRM and by ELISA were correlated across CSF samples ($r = 0.61$, Spearman's correlation, $p = 1.3e-6$). MRM PrP concentration was uncorrelated with CSF hemoglobin ($p = 0.85$, Spearman's correlation), supporting the conclusion that blood contamination is not a source of CSF PrP (3).

The concentration of PrP in CSF measured by ELISA is correlated with the total protein concentration in CSF (3). This might reflect a true biological correlation across individuals, or it could reflect pre-analytical factors, if other proteins in CSF serve a blocking function, mitigating PrP loss to plastic during sample handling (3). A potential concern, however, is that such a correlation could also arise if other proteins found in the human CSF also nonspecifically bind in the ELISA and contribute to background signal. If true, this would call into question the ability of ELISA-based PrP measurement to accurately measure a specific drug-dependent or disease state-dependent decrease in PrP concentration. To distinguish between these possible explanations for the reported PrP-total protein correlation, we tested the relationships between

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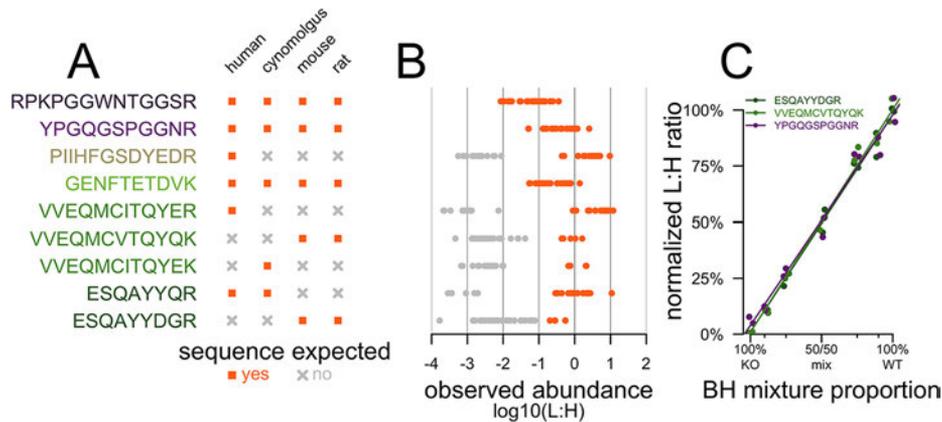


FIG. 5. Development of the PrP MRM assay for preclinical species of interest. *A*, Control chart of the species expected for the peptides selected for this study, $n = 6$ human, $n = 5$ monkey, $n = 5$ mouse, and $n = 5$ rat. *B*, Sensitivity and selectivity across species. Data from $n = 19$ samples ($n = 4$ cynomolgous macaque CSF, $n = 10$ human CSF, $n = 1$ human brain, $n = 1$ mouse brain, and $n = 4$ rat CSF) in a total of $n = 35$ replicates were analyzed. L:H peptide ratios are shown for peptides expected in the respective species' samples (sequence-matched, orange) versus not expected (nonmatched, gray). All species-specific peptides were observed in the sequence-matched species at least an order of magnitude above the noise observed in nonsequence-matched species, except for ESQAYYDGR (sequence-matched species: mouse, rat), for which the separation was only about half an order of magnitude. *C*, 10% brain homogenate from wild-type mice (WT) or Edinburgh PrP knockout mice (30) (KO) were mixed in seven different proportions (all KO, 10/90, 25/75, 50/50, 75/25, 90/10, and all WT), further diluted to 0.5% brain homogenate in saline and 0.03% CHAPS, and assayed by PrP MRM. Of the five peptides sequence-matched to mouse PrP, the three with best performance in this experiment (mean process replicate CV <10%) are shown here, again with individual replicates jittered along the x axis so that separate points are visible. Each peptide's L:H ratio is normalized to the average value of the two "all WT" replicates, and best-fit lines are shown. All three peptides exhibit good linearity, with y-intercepts very close to zero, as expected for PrP knockout mice, and adjusted R^2 values ranging 98.2% - 99.0% (linear regression).

ELISA PrP concentration, MRM PrP concentration, and total protein concentration among our clinical samples. The correlation between ELISA PrP concentration and total protein concentration was marginal but observable among the 55 samples analyzed here (+94 ng/ml PrP per 1 mg total protein, $p = 0.043$, linear regression: ELISA PrP \sim total protein), but this relationship vanished completely when MRM PrP concentration was included as a covariate ($p = 0.60$ for total protein in linear regression: ELISA PrP \sim MRM PrP + total protein). Likewise, MRM PrP concentration was itself correlated to total protein (+238 ng/ml PrP per 1 mg/ml total protein, $p = 0.017$, linear regression: MRM PrP \sim total protein). Together, the observations that the relationship between PrP and total protein was replicated in MRM, and that total protein did not explain any residual variance in ELISA-measured PrP after controlling for MRM-measured PrP, suggest that the correlation between CSF PrP and total protein in CSF is a genuine property of the samples analyzed, and that ELISA is specifically measuring PrP in human CSF.

Application of PrP MRM to Preclinical Species of Interest— Because the existing ELISA assay is specific to human PrP (3), we sought to apply PrP MRM to analysis of tissues from species of interest for preclinical drug development. Synthetic peptides can offer advantages over full-length recombinant proteins for the development of targeted MS assays: they are quicker and less expensive to generate and quantify, and can be multiplexed to measure a number of proteins simultaneously. To test this for PrP and construct species-specific MRM assays, we quantified endogenous "light" PrP relative to

$^{15}\text{N}/^{13}\text{C}$ single residue labeled ("heavy") synthetic peptides that were spiked after trypsin digestion to quantify mouse, rat, or monkey PrP (supplemental Fig. S7). To assess cross-species selectivity and sensitivity, we analyzed human, rat, and cynomolgus macaque CSF as well as mouse and human brain homogenate, and compared observed results to the expected presence or absence of each peptide for each species based on amino acid sequence (Fig. 5A). For the six PrP peptides harboring sequence differences between species (Fig. 1A, supplemental Table S2), we observed slight differences in the retention time, best transition ion, and/or response level (supplemental Table S1, supplemental Table S5). We also found the MRM assay to be highly selective when the MS response between species for these peptides was compared. Each peptide consistently detected in sequence-matched species above the background level observed in nonsequence-matched species (Fig. 5B). Process replicate mean coefficients of variation (CVs) were <15% for all peptides, in line with our previous experience (38) suggesting that heavy peptide standards can provide precision on par with full-length recombinant protein, albeit with different recovery levels (supplemental Table S5). We found that the total protein and lipid content of brain tissue complicated analysis of $\geq 1\%$ w/v brain homogenates, but 0.5% w/v brain homogenates proved technically tractable in PrP MRM. Using mixtures of wild-type mouse brain homogenates titrated into a background of PrP knockout mouse brain homogenate, we confirmed a linear response for three mouse sequence-matched peptides, dem-

onstrating the specificity of the assay for lowered PrP within a complex brain-derived peptide mixture (Fig. 5C).

DISCUSSION

Here we describe a targeted mass spectrometry assay for measuring CSF PrP. Six of six human PrP peptides we quantified, from the N to the C terminus, were lowered in prion disease patients compared with nonprion disease patients. CSF PrP may therefore be difficult to interpret as a pharmacodynamic biomarker in symptomatic prion disease patients, because the direct effect of a PrP-lowering drug and the effect of disease process alleviation would be expected to push CSF PrP in opposing directions. Instead, trials to demonstrate target engagement and perform dose-finding for a PrP-lowering drug will likely need to be conducted in presymptomatic individuals at risk for genetic prion disease (3, 6). Preliminary evidence suggests that test-retest stability of CSF PrP in individuals without active prion disease is good ($CV < 13\%$), and a clinical research study to validate this finding in at-risk PrP mutation carriers is underway (3, 55). If CSF PrP, absent drug treatment, is indeed stable over time in presymptomatic mutation carriers, then a drug-dependent decrease of 40%, as recently observed for mutant huntingtin in an antisense oligonucleotide trial (56), should be readily quantifiable.

Our data support the interpretability of CSF PrP in such a trial context, for three reasons. First, we provide evidence that CSF PrP is a simple, well-behaved analyte: all PrP peptides behave similarly. This contrasts with the complex situation reported for tau isoforms in CSF (57, 58), and suggests that various approaches to measuring PrP in CSF can all be interpreted to reflect the level of the relevant, disease-causing protein. Second, we confirm that CSF PrP is not correlated with CSF hemoglobin. This supports the brain and not blood origin of CSF PrP and leads us to expect that pharmacologic lowering of brain PrP will be mirrored in CSF. Third, we replicate the reported (3) correlation between CSF PrP and CSF total protein content. The correlation between PrP and total protein might reflect genuine biological variables such as age and CSF flow rate (59), and/or it might arise from pre-analytical variables (3), but our observation of this correlation by both mass spectrometry and ELISA argues against the possibility that this correlation simply results from matrix interference in ELISA. This finding supports the overall interpretability of findings from prior, ELISA-based, studies of CSF PrP.

Our study has several limitations. First, we have only compared samples between prion and nonprion disease patients to examine the effect of the disease state on CSF PrP. Determining the effect of PrP-lowering drug treatment on CSF PrP is a priority for future work. Second, we still cannot exclude the possibility that protein misfolding contributes somewhat to the decrease in CSF PrP that we observe, because the chaotrope used here—6 M urea—has not been proven to denature all misfolded PrP. This concentration of

urea was shown to abolish 99.99% of hamster prion infectivity (60), but prion strains differ in their conformational stability (25). Human prions unfold at ~ 3 M guanidine hydrochloride (61–63), but urea is a less potent denaturant (64). Third, because bacterially expressed recombinant PrP is an imperfect standard by which to quantify mammalian PrP, our data do not support any firm conclusions about the baseline composition of PrP in terms of different cleavage products in human CSF generally. A ^{15}N protein standard purified from a mammalian expression system would better account for the digestion efficiencies of PrP in CSF. Nevertheless, by comparing the abundance of each PrP peptide between diagnostic categories — individuals with and without prion disease — we do establish that any changes driven by the disease state apparently affect all domains of PrP equally. This finding is not inconsistent with existing literature: for example, the PrP C2 fragment resulting from beta cleavage is known to be increased in brain parenchyma during prion disease (26), but if C2 is then retained in intracellular aggregates rather than being shed, whereas its counterpart N2 is rapidly degraded, then increased beta cleavage might result in both N- and C-terminal PrP peptides being decreased in prion disease CSF, as observed here.

The specificity for PrP peptides observed across species and in wild-type *versus* PrP knockout mouse brain suggests that PrP MRM should be useful in preclinical development of PrP-lowering drugs. PrP MRM is currently a Tier 2 targeted assay (27), with partial analytical validation suggesting a potential for further work to elevate it to Tier 1 and enable clinical use. Given the likely important role of CSF PrP as a biomarker in future prion disease therapeutic development, and the different pros and cons of ELISA and MRM methods, availability of both assays will be an asset. For clinical measurements of a single protein, wider instrument availability sometimes favors the use of ELISA, but there are counter-examples, such as thyroglobulin, where patients' anti-idiotypic antibodies can lead to false ELISA readings (65). Targeted MS measurements avoid such interference, because any autoantibodies are reduced to peptides before analysis. In addition, PrP MRM may offer other advantages over ELISA, including the use of a single assay across preclinical animals and clinical studies as well as wide dynamic range without sample dilution. Finally, because PrP MRM monitors well-defined peptide analytes, any potential for interference from post-translational modifications or patient missense mutations can be determined *a priori* based on sequence information. Adaptation of PrP MRM for clinical use will require modifications and improvements to the protocol described here. The LC/MS gradient of 45 min we used is longer than the 5–10 min expected for high-throughput clinical biomarker assays. To transition to clinical use, feasibility and performance should be assessed at a faster gradient under higher (e.g. microflow) conditions using commercially available C18 columns. An increase in assay throughput may come at the cost of some sensitivity,

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but because all PrP peptides in this study demonstrated comparable behavior across this set of clinical samples, a future implementation of PrP MRM might choose to monitor fewer or even a single peptide, facilitating the implementation of a significantly faster assay. In addition, we ported assay parameters that we use for plasma-based MRM (38, 43) without extensive optimization. Thus, testing and improvement of digest and cleanup conditions could further improve recovery and performance. Finally, once such an assay is implemented, robust bioanalytical method validation will be expected if the assay is to be used in clinical decision-making (38, 43, 66, 67).

Our data and methods provide a proof of concept for MRM-based quantification of PrP in CSF and provide a roadmap for further development of the assay for eventual use in the clinic.

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DATA AVAILABILITY

All processed data and source code for this study are provided in a public GitHub repository at https://github.com/ericminikel/prp_mrm and are sufficient to reproduce the analyses and figures herein. This repository also includes a summary table for download containing the MRM results (light and ^{15}N peak areas, light: ^{15}N ratio and normalized PrP concentration in ng/mL) for all clinical samples and all peptides. Skyline files have been uploaded to Panorama (68) at <https://panoramaweb.org/yVRdi1.url> and data can be downloaded from ProteomeXchange (<http://proteomecentral.proteomexchange.org/cgi/GetDataset?ID=PX014781>).

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